

# SAVINGS FOR EVERYONE

March 7th - 20th, 2019



Urban Moonshine  
All Products  
**20% OFF**

Better Life  
All Cleaning Products  
**25% OFF**  
Save up to \$2.17

East Wind  
Peanut Butter  
(all varieties)  
**\$4.99**  
Save \$1.00

G.H. Cretors  
Popcorn (all varieties)  
**2/\$6.00**  
Save \$2.78



Lamb-a-Lot Acres  
Lamb Kabobs  
**10% OFF**  
Save \$1.00/#

Louisiana Prime  
Wild-Caught Shrimp  
(all varieties)  
**10% OFF**  
Save \$2.20

Spirit Creek Farm  
All Fermented  
Products  
**15% OFF**  
Save up to \$1.50

Westby  
All Organic Dairy  
Products  
**15% OFF**  
Save up to \$1.35

# SAVINGS FOR OWNERS



Pranarom  
Essential Oils  
(all varieties)  
**10% OFF**

Cedar Lake Tea  
Bulk Tea (all varieties)  
**10% OFF**  
Save up to \$.70/oz

Napa Valley Naturals  
Grapeseed Oil  
**\$8.99**  
Save \$3.00

Bela-Olhau  
Sardines  
(all varieties)  
**2/\$5.00**  
Save \$2.98



Sedge Wood Farms  
Grass-Fed Beef Steaks  
(Ribeye, T-Bone, Sirloin)  
**10% OFF**  
Save up to \$1.70/#

Fish Guys  
Walleye Fillets  
**10% OFF**  
Save \$1.50

Smiling Hara  
Smoked Salt & Pepper  
Hempeh  
**\$5.69**  
Save \$1.00

Wholly Wholesome  
Organic Pie Shell  
9" 2-pack  
**\$4.69**  
Save \$2.00